

Frederick A. Godley, III, MD, FACS

General Otolaryngologist
Association of Migraine Disorders, President
Migraine in Otolaryngology Society, President

Education & Training

Undergraduate: Yale University, 1977
Medical School: Boston University School of Medicine, 1983
Residency: Otolaryngology/Head & Neck Surgery, Yale New Haven Hospital, 1988

Hospital Privileges

Rhode Island Hospital/Hasbro Children's Hospital
ENT Center of Rhode Island

Academic Appointments

- Clinical Instructor, Johns Hopkins Hospital, 1988-1989
- Associate Instructor, Massachusetts Eye and Ear Infirmary, 1991-1993
- Chief of the Division of Otolaryngology, Miriam Hospital, 1998-2015
- Ryan Institute Collaborating Faculty, 2017-present
- Clinical Assistant Professor, Surgery (Clinical Educator), Warren Alpert Medical School, Brown University, 2020-current

Board Certification

American Board of Otolaryngology/Head & Neck Surgery, 1988

Awards & Recognition

1. *Yale Section of Otolaryngology* Temporal Bone Competition: winner, 1988
Point of Light recipient, Traveler's Aid, 1992
Staff Achievement Award, HPHC-NE, coding training, 1997
The Patient is U Foundation, HALO Outreach Award, 2019

Research & Publications

1. Meikle, M, Gillette R, Godley F. Comparison of electrically and acoustically evoked responses in the auditory cortex of the guinea pig: Implications for cochlear prosthesis. *Trans Am Acad Ophthalmol Otolaryn* 84(2): 183-192, 1977
2. Finkelstein S, Miller A, Callahan R, Fallon J, Godley F, Feldman B, Hinton R, Roberts A, Strauss H, Lees R. Imaging of acute arterial injury with 111-Indium-labelled platelets: a comparison with scanning electron micrographs. *Radiology* 145(1): 155-159, 1982.
3. Yanagisawa E, Godley F, Muta H. Selection of video cameras for stroboscopic videolaryngoscopy. *Ann Otol Rhinol Laryngol* 96: 578-585, 1987.
4. Josephson GD, Godley FA, Stierna P. Practical management of Epistaxis. *Med Clinics N Am* 75(6): 1311-1320, 1991.
5. Schwartz AR, Schubert N, Rothman W, Godley F, Marsh B, Eisele D, Nadeau J, Permutt L, Gleadhill I, Smith PL. Effect of uvulopalatopharyngoplasty on upper airway collapsibility in obstructive sleep apnea. *Am Rev Respir Dis* 145: 527-532, 1992.
6. Godley FA. Chronic sinusitis: An update. *Am Fam Physician* 45(5): 2190-2199, 1993.
7. Godley FA. A simple implant design for vocal cord medialization. *Laryngoscope* 102:824-826, 1992.

8. Godley FA, Nemeroff RF, Josephson GD. Current Trends in Rhinoplasty and the Nasal Airway. *Med Clinics N Am* 77(3): 643-656, 1993.
9. Godley FA. Frenuloplasty With a Buccal Mucosal Graft. *Laryngoscope* 104:378-381, 1994.
10. Godley FA. Nasal Septal Anatomy and Its Importance in Septal Reconstruction. *Ear, Nose & Throat Journal* 76(8): 498-506, 1997.
11. Godley FA. Complications of Middle Ear Infection. In Sasaki CT (ed.), *Management of ENT Disorders for General Practitioners*.
12. Schulz KA, Esmati E, Godley FA, Hill CL, Monfared A, Teixido M, Tucci DL, Witsell DL. Patterns of Migraine Disease in Otolaryngology: A CHEER Network Study. *Otol Head Neck Surg*. 2018; 159(1):42-50.
13. Farris, S. G., Thomas, J. G., Abrantes, A. M., Godley, F. A., Roth, J. L., Lipton, R. B., Pavlovic, J., & Bond, D. S. (2018). Intentional avoidance of physical activity in women with migraine. *Cephalalgia Reports*, 1, 1–8. doi: 10.1177/2515816318788284
14. <http://journals.sagepub.com/doi/pdf/10.1177/2515816318788284>
15. Farris, Samantha G., Emily K. Burr, Ana M. Abrantes, J. Graham Thomas, Frederick A. Godley, Julie L. Roth, Richard B. Lipton, Jelena M. Pavlovic, and Dale S. Bond. "Anxiety Sensitivity as a Risk Indicator for Anxiety, Depression, and Headache Severity in Women with Migraine." *Headache*, 2019. 59(8): 1212-1220. <https://doi.org/10.1111/head.13568>.
16. Farris SG, Thomas JG, Abrantes AM, Lipton RB, Burr EK, Godley FA, Roth JL, Pavlovic JM, Bond DS. Anxiety Sensitivity and Intentional Avoidance of Physical Activity in Women with Probable Migraine. *Cephalalgia*. 2019; 39 (11):1343–1357.
17. <https://journals.sagepub.com/doi/abs/10.1177/0333102419861712?journalCode=cepa>.
18. Jang DW, Godley FA, Abi Hachem, R. Sinus headache: changing the treatment paradigm. Wolters Kluwer Health. 2021
19. Mallampalli MP, Rizk HG, Kheradmand A, Beh SC, Abouzari M, Bassett AM, Buskirk J, Ceriani CEJ, Crowson MG, Djalilian H, Goebel JA, Kuhn JJ, Luebke AE, Mandalà M, Nowaczewska M, Spare N, Teggi R, Versino M, Yuan H, Zaleski-King A, Teixido M and Godley F (2022) Care Gaps and Recommendations in Vestibular Migraine: An Expert Panel Summit. *Front. Neurol.* 12:812678. doi: 10.3389/fneur.2021.812678

Books/chapters

1. Godley F. Physical diagnosis of the nose and paranasal sinuses. In Lee KJ (ed.), *Textbook of Otolaryngology Head and Neck Surgery*. New York. Elsevier. pp. 201-217, 1989.
2. Goodwin WG, Godley F. Anatomy, embryology, and physiology of the nose and paranasal sinuses. In Lee KJ (ed.), *Textbook of Otolaryngology Head and Neck Surgery*. New York. Elsevier. pp. 218-234, 1989.
3. Godley FA, Mattox DE. Surgical approaches to the anterior skull base. In Dufresne CR, Carson BS, Zinreich SJ (ed.), *Complex Craniofacial Problems: A Guide to Analysis and Treatment*. New York. Churchill Livingstone. pp. 395-416, 1992.
4. Godley FA and Teixido M. Foreword in *The Migraine Relief Diet* by Tara Spencer, Spencer. (2016)

5. Godley FA. Migraine Co-Morbidities, chapter in Mehle, M. (ed.) book Sinus Headache, Migraine and the Otolaryngologist: A Comprehensive Clinical Guide, Springer. pp. 139-191. 2017
<https://link.springer.com/book/10.1007%2F978-3-319-50376-9>
6. Godley FA. Foreword in 10: A Memoir of Migraine Survival by Danielle Newport Fancher (2018)
7. Godley FA, Robblee J. Headache and Sinuses. Chapter 34, Ashina S (ed): *Headache and Facial Pain Medicine*. New York: McGraw Hill, 2022.

Other publications

1. Godley FA, Casiano RR, Mehle M, McGeeney B, Gottschalk C. Update on the diagnostic considerations for neurogenic nasal and sinus symptoms: A current review suggests adding a possible diagnosis of migraine. *Am J Otolaryngol*. 2019 Mar-Apr;40(2):306-311. doi: 10.1016/j.amjoto.2018.09.021. Epub 2018 Oct 2. PMID: 30473169.
2. Godley FA. Sinus Migraine: A costly blindspot in medical care. *Research Outreach*. 2020.
3. Jang DW, Godley FA, Hachem RA. Sinus headache: changing the treatment paradigm. *Curr Opin Otolaryngol Head Neck Surg*. 2022 Feb 1;30(1):63-67. doi: 10.1097/MOO.0000000000000779. PMID: 34958323.
4. Godley F, Petrarca K. Sinus Migraine: An Emerging Diagnosis. *Pract Pain Manag*. 2022 May/June;22(3).

Educational videos

1. 2014 - Video Migraine Pathophysiology – In Depth <https://www.youtube.com/watch?v=pUbXB8vT8fY> (168K views)
2. 2015 - Migraine Patient Testimonials - Wide Range of Symptoms (47K views)
3. 2015 - Migraine? Chronic Sinusitis, Dizziness, Ear/Eye Pain/Pressure, Abnormal Hearing/Smell/Taste/Touch (218K views)
4. What Causes Migraine Disease? 5 Factors in Migraine Neurobiology <https://www.youtube.com/watch?v=RJegcikMKAI> (886K views)
5. 2019 - The Migraine Toolbox. An online course on migraine management. (2019) MyCME.com/migrainetb (12K test takers)
6. 2021 - Migraine Resource Kit for Healthcare Providers <https://www.migrainedisorders.org/order-resources/>
7. 2022 - What is Migraine? Nucleus Medical Media video <https://www.youtube.com/watch?v=S0sk8tO30RU> (2.2 million views)

Posters

1. Farris, S. G., Abrantes, A. M., Thomas, J. G., Godley, F. A., Roth, J. L., Burr, E. K., Lipton, R. B., & Bond, D. S. (2019, March). *Anxiety sensitivity is associated with intentional avoidance of physical activity in women with migraine*. Poster accepted for presentation at the 2019 annual convention of Society for Behavioral Medicine, Washington, DC.
2. Teixido MT, Zaveri R, Schulz K, Tucci DL, Godley FA III, Monfared A, Esmati E, Witsell DL. Chronic Migraine is Highly Prevalent in General Otolaryngology: A CHEER Network Study. 61st Annual AHS Scientific Meeting, Philadelphia, July 2019
Godley FA, Joshi S. Measuring the Efficiency of an Online Migraine Management Course in Expanding Education Among Medical Professionals. AHS Scientific Meeting. June 2021.
Mallampalli M, Godley F. Migraine Science Collaborative. PainWeek September 2021
Godley, F, Mallampalli. Patient Perspectives on Atypical Migraine Symptoms: An online survey to learn more about Neurogenic Sinus Symptoms. Presented at 2022 AHS Scientific Meeting.
3. Godley F. The Geographic Advantage of Online Migraine Education. Presented at 2022 AHS Scientific Meeting.
4. Godley, F. A Migraine Toolbox: Measuring Otolaryngology Engagement. Presented at 2022 AAOHNS Annual Meeting.

Personal

Dr. Godley enjoys almost any athletic activity, travel and gardening.