

Patient Name:

Patient Date of Birth:

**Your Physician has ordered the following test** **FEES Testing**

The test is used to evaluate swallow function in adults and children who have symptoms of dysphagia, concerns for aspiration (coughing after eating or drinking, recurrent pneumonia thought related to food/liquid getting into the lungs), globus sensation (a sense of something stuck in the throat), etc. It involves a Speech and Language Pathologist (a specialist trained in performing and interpreting the test) placing a small fiberoptic scope through the patient's nose and into the upper part of the throat. The patient will then self-administer different food consistencies: 1. Thin liquids (colored water). 2. Puréed consistencies (applesauce or vanilla pudding). 3. Solid foods (graham crackers followed by a sip of water). 4. Medications (colored Skittles which mimics swallowing a capsule or tablet). The SLP will use the flexible scope to observe the different consistencies that the patient swallows, looking for things like liquids passing through the vocal cords, solids or pills getting stuck, foods not passing into the esophagus, etc. It requires no pre-procedure preparation. The procedure is safe and does not involve any type of radiation (other swallow tests involve radiation). On rare occasions a patient might experience discomfort, vomiting, nose bleeds, coughing episodes, or inability to tolerate the procedure.

 **Videostroboscopy**

Videostroboscopy is a state-of-the-art technique that provides a **magnified, slow-motion view of the vocal cords in action**. It allows a team approach in which the physician and the speech-language pathologist can assess numerous vocal parameters as well as view abnormal motion and other disorders of the vocal folds.

You are scheduled for **Date:****Time:**

Test is performed at our Providence Office: **830 Eddy Street**  
**Providence, RI 02905**

If you have questions prior to the procedure, you can reach us at **401-885-8484**

**PLEASE NOTE THERE IS A \$50 NO SHOW FEE FOR ANY PATIENT WHO DOES NOT CALL TO CANCEL WITHIN 24 HOURS OF THE APPOINTMENT**